



We are excited to announce that Prairie Township Community Center will offer the **American Red Cross Learn to Swim Program**.

Below is the **placement guide** for the Parent and Child swim lesson program:

Parent and Child Classes:

These classes are designed for both children and at least one parent to be in the water during the class. All infant and toddlers must also wear a swim diaper under their swim suit while they are in the pool.

Parent and Child Level 1: (Ages 6 months to 1.5 years)

This class helps the child trust the parent in the water. The instructor teaches the child to respect the water and enjoy the experience with the parent through drills, games, and songs. The child will be going under the water within the first few weeks.

Parent and Child Level 2 (Ages 1.5 to 2.5 years)

This class helps the child trust the parent in the water. The instructor teaches the child to respect the water and enjoy the experience with the parent through drills, games, and songs. The child will be going under the water within the first few weeks, and learn to be comfortable in the water. They also learn to swim a short distance after jumping into the water, and be comfortable lying on their back with little support.

Parent and Child Level 3: Ages 2.5 to 3 years

Parents start the session with their child in the water and then move out of the water slowly, away from their child until the instructor is teaching the children without the parents being present in the water.